2026-2027 Confirmation
Year 3: Lutheran Christianity
The Tomorrow River Lutheran Parish

Lesson 7:
The Small Catechism: The Sixth Commandment

The Sixth Commandment
You shall not commit adultery.

What is this? Or What does this mean?
We are to fear and love God,
so that we lead pure and decent lives in word and deed,
and each of us loves and honors his or her spouse.

> ***You shall not commit adultery.***
> *Exodus 20:14 NRSV*

Reminder: We are on the second table of the law – commandments about how we are to live in peace with our neighbors. There is a progression:
Give honor to those in authority
Protect your neighbor's life
Protect your neighbor's marriage and honor

So, the Sixth Commandment: No Adultery (To Adulterate means to make impure, to pollute something). No messing around with the purity of your marriage or anyone else's marriage. No sex outside of marriage.

Your heart, the words of your mouth, and your whole body are to be chaste!

And you are to do everything you can to protect your neighbor's honor and purity. Don't cause anyone else to fall into sin! Don't interfere in anyone else's marriage! Don't break up anyone else's marriage!

Change how you think about marriage: Even though TV and movies and comedians make fun of marriage and of married people, married life is not a matter for jesting or impertinence; it is something splendid, the object of serious divine care and concern. … We are to view it in the light of the Word of God, which adorns and sanctifies it!

"In conclusion, let it be said that this commandment requires that everyone not only should live his life, particularly also his married life, in chastity of thought, word and deed but also should love and treasure the wife or husband given by God."

Bible Story to remember: 2nd Samuel 11
"David and Bathsheba"